



For Immediate Release

Contact: Mindy Kolin  
Partnership for Families, Children, and Adults  
PH: 423-697-3828  
Email: [Mkolin@partnershipfca.com](mailto:Mkolin@partnershipfca.com)

**Nurturing Parenting™ Classes Offered at Partnership for Families, Children, and Adults**  
*Accepted by the Hamilton County Courts*

(Chattanooga, TN) December 7, 2018- Partnership's Center for Family Connections will offer six-week Nurturing Parenting™ classes beginning Tuesday, January 8, 2019 from 6-8 p.m. and a second session beginning Monday, February 4, 2019 from 5-7 p.m. All classes are \$15 per class and are held at 1800 McCallie Blvd. A court order is not required to participate.

Parents will learn about:

- ✓ Strengthening the bond between you and your child/children
- ✓ Having difficult conversations with your child/children
- ✓ Recognizing and understanding your child/children's feelings
- ✓ Alternatives to spanking your child/children
- ✓ Establishing family rules in your home
- ✓ Understanding and handling stress

"The purpose of this series is to empower parents with new knowledge, beliefs, strategies and skills to make good, healthy lifestyle and parenting choices," said Elaine Bradway, program director.

Grant opportunities are available for parents with financial needs. For more information, contact the Center for Family Connections at (423) 697-3791

###

Nurturing Parenting™ offers evidenced-based programs that have proven effectiveness in preventing and treating the recurrence of child abuse and neglect. The classes are skill-focused and competency-based designed to correspond to the developmental age level of children- prenatal; birth to 5 years; school-age 5-12 years; and adolescence, 13-19 years and their adult or teen parents. Nurturing Parenting™ classes are endorsed by the Department of Children Services (DCS) Community-Based Child Abuse Prevention (CBCAP) and certificates are accepted by the Hamilton County Courts. Facilitators are trained and certified to conduct the Nurturing Parenting™ classes.

The Partnership for Families, Children and Adults has been serving the Tennessee Valley community for 140 years through professional counseling, crisis intervention, and prevention services. It began with the 1877 establishment of the Ladies Aid Society, which later became the Florence Crittenton Home. Under direction of United Way, The Florence Crittenton Service, Family Service Agency and Travelers Aid Society merged into Community Services of Greater Chattanooga, Inc. in 1973. In 1981, the agency assumed the name Family and Children's Services of Chattanooga, Inc., and in 2003 became the Partnership for Families, Children and Adults.